

Straus Center Monthly Menu

January 2012

Debra Chalmers, Program Director; Sharon Linscott, Program Coordinator; Amy Gillis, Program Assistant

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed in observance of New Year's	3 Breaded Haddock Rice Carrots Fruit Salad	4 Shepherd's Pie Applesauce Éclair	5 Pork Chop Noodles Beets Cookies	6 Petite Filet Potato Green Beans Blueberry Pie
9 Chicken stuffed w/broccoli Roasted Potatoes Carrots Oatmeal Cookie	10 Pork in brown gravy Macaroni Green Beans Pudding Parfait	11 Baked Stuffed Sole Noodles Salad Brownie	12 Soup - Chicken Cordon Bleu Dinner Roll Carrot Cake	13 Baked Haddock in butter cream Rice Salad Ice Cream
16 Chicken Breast Baked Potato Beets Sugar Cookie	17 Chili Cornbread Peaches and Cream	18 Beef 'n onions 'n bacon Salad Éclair	19 Soup - Beef Vegetable Dinner Roll Lemon Square	20 Pork Roast Carrots Applesauce Raspberry Bar
23 Meat Ravioli in cream sauce Salad Peanut Butter Cookie	24 Chicken Sliders French Fries Coleslaw Pound Cake w/berries	25 Soup - Minestrone Dinner Roll Ice Cream Sandwich	26 Cranberry Stuffed Chicken Rice Beets Lemon Cake	27 Pot Roast Potato Carrots Cake & Ice Cream
30 Cheese Ravioli in alfredo sauce Salad Ice Cream	31 Meatloaf Potato Green Beans Birthday Cake for Betty			

Straus Center Adult Day Program
Monday-Friday
8:30-4:30

Daily Menu Options:
Soup & Sandwiches
Coffee, Tea
Juice, Water
Fruit

Special Diets will be provided with Physician Orders

Birthdays
Betty 1/31

Menu is subject to Change



“Our purpose...is supporting yours”